

Age UK

- a. We have an information and advice line where anyone (older people and their families) with an issue can call and get free advice – 01452 422660
- b. We have set up a Freephone line if any older person is feeling lonely and wants a chat with one of our staff or volunteers – 0800 298 0579
- c. We are also running an online social group which older people can join, get and share info and ideas on staying occupied, there are quizzes and discussion groups. <https://www.facebook.com/groups/gloucestershirespringboard>
- d. We are promoting a campaign to Greet Your Street at 11am to get neighbours socializing on their doorsteps; we have posters that we can send out for households to show they are involved.
- e. There is also a lot of advice and information on our website: www.ageukgloucestershire.org.uk